



MANLY FRESHWATER CATHOLIC PARISH

Mary Immaculate and St John the Baptist Churches

Sixteenth Sunday in Ordinary Time – 21st July 2024

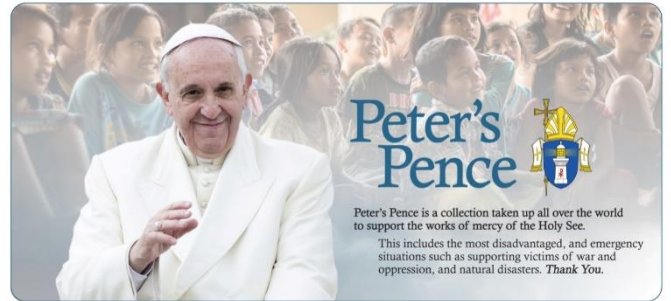


Gospel Reflection

The apostles return from their first mission of preaching and healing and report to Jesus. He gathers them in a “deserted” place, but the people find them and keep coming. Even their attempt to escape by boat to the other side of the lake is foiled once word gets out.

This incident recorded by Mark in today’s Gospel (which precedes his account of the feeding of the multitude) offers two important insights into our Church’s ministry: that the mission of the Church does not spring from mass marketing techniques or publicity strategies but from the Gospel of compassion we seek to live and share, from the authority of our commitment to forgiveness and reconciliation; and that leadership, inspired by the wisdom of God, means not dictating and ruling over others but inspiring, providing for and selflessly caring for those whom we are called to lead.

connectionmediaworks



The annual Peter’s Pence Appeal 2024 for the Diocese of Broken Bay will be held in parishes on the weekend of 27-28 July.

We are all encouraged to support the appeal and Pope Francis’ mission from the proclamation of the Gospel for the promotion of development, education and peace.

Peter’s Pence also aims to support a range of charities which bring aid and comfort to the poor, children, families, the elderly, the marginalised, victims of war and natural disasters, refugees and migrants.

In his message for Peter’s Pence 2024 Pope Francis said; “*The hope that we have been given never divides us from others. Instead, it is an extraordinary gift of which we are called to make ourselves ‘channels’, with humility and simplicity, for everyone. So our boastfulness is because we have as Father a God who opens his house to all human beings, beginning with the least and the most distant, so that as his children we may learn to console and support one another.*”

Peter’s Pence 2024 donation envelopes will be available in parishes for the 27-28 July collection.



EUCCHARISTIC ADORATION IN MANLY ON WEDNESDAYS – 6pm – 7.30pm

Quiet Prayer, Adoration and reconciliation will be available

6pm – 7pm concluding with **Benediction**

Livestreaming on Facebook Sunday 8:30am Mass
[manlyfreshwaterparishfacebook/videos](https://www.facebook.com/manlyfreshwaterparish/videos)

Manly Freshwater Parish promotes SAFEGUARDING which involves the implementation of proactive, common sense and practical ideas that ensure the safety of children and vulnerable adults in our MANLY community.



YOUTH GROUP GATHERING This Sunday after 6pm Mass

We welcome all youth who are in High School (Yr 7 – Yr 12) to come along and join the Manly Freshwater Parish Youth Group which is held every **1st and 3rd Sunday** following the 6pm Mass (7pm – 9pm). Join us for free food and drinks, table tennis, basketball, party games, talks and new friends! Feel free to check out our instagram or send us an email!

Email: manlyfreshwatercatholicyouth@gmail.com

Instagram: [manlyfreshwater_catholicyouth](https://www.instagram.com/manlyfreshwater_catholicyouth)

PARISH SOCIAL MEDIA

Parish facebook: [facebook.com/manlyfreshwaterparish](https://www.facebook.com/manlyfreshwaterparish)

Parish website: [bbcatholic.org.au/manlyfreshwater](https://www.bbcatholic.org.au/manlyfreshwater)

LET US PRAY FOR

21st July 2024

Recently Deceased: Otto Reisp, Lovro Music

Anniversary: Christin Schaller, Maria Mamone, Immacolata Valenzise

Prayers for the sick in our parish: “**Lord, grant them and their carers strength and courage**” Stephen Robertson; Maureen Williams; Gerry Wybrandt; Amy Farrow; Patricia Duffy; Florencia Lira; Ken Waller; Mary Helen Fogarty; Belinda Nicholls; Jacqui Dawson; Gerry Ring; Zacchaeus Ratnam; Pat Smith; John Connors; Don Hews; Joan Jacobs; Paul Donnelly; Julie Wallis; Lyn Hillard; Ian Flynn; Jake Usher; Wayne Smedley; Apolinar Anasarias; Kay Flenady; Annette Frances O’Leary; Anna Kalayzich; Veronica Rinaldo; Chinnamma Puliparambil; Rena Cull; John Santos; Shirley Ford; Mary Hetenyi; Ana Maria Saladana; Daniel Musso (11yrs old)

Dates to remember...

- **Alpha continues** Monday 22nd July 7pm
- **PPC Meeting** Thurs 25th July 5:30pm
- **Spanish Prayer Group** Friday 26th July 6pm
- **Cenacle of Our Lady**
Manly: Tues 9:45am; Freshwater: Wed 9:45am



Thank you for your submissions which have now closed!

Members of the Northern Beaches community have participated in Phase Three of the Pastoral Discernment Project, the Community Engagement phase, over the past few months.

Many Submissions have been received, and we offer our heartfelt thanks and gratitude to the many Consultation Facilitators and Community Leaders who have worked with their Parish, School, and CatholicCare communities, inviting the community to participate, listen, and dialogue together to shape a Pastoral Discernment Submission for Bishop Anthony’s consideration.

What’s Next?

All members of the Diocese are invited to attend the upcoming **PDNB Conversation Forum**, which will be held on Saturday, July 27. The Conversation Forum will be an opportunity to hear about the themes that are beginning to emerge. It will also provide participants with the opportunity to engage in further dialogue following the recent local Community Consultation gatherings.

Date: Saturday 27 July

Venue: OLG School Hall Forestville. 11 Currie Rd, Forestville.

Time: 12:00pm for light refreshments for a 12:30pm start

Finish Time: 3:30pm

RSVP: <https://forms.office.com/r/qvaBara0f2>

FLYER

[1] In the Homily, the priest teaches and explains a point in the Mass Readings (or from the Mass Ordinary or Proper), to make it come alive in our lives now, and for the life to come.

THINGS YOU DIDN’T KNOW ABOUT THE MASS

Till the soil, receive the seed

I’ve never had a green thumb.

I’ve never been good at gardening. When I was a young boy, I tried growing an avocado tree – and after months of preparing the seed, suspending it in water, planting it in the sun, the tree stunted and refused to grow. Alas.



My grandfather, meanwhile... ..Now HE was a gardener. A *real* gardener. Every day in the garden, cutting, weeding, tilling, pruning, making life flourish. His garden was always full of colour – trees, water, fruits, flowers. I loved it. It’s probably why, these days, when I come across some complex idea in philosophy or theology, I’ll think up some *garden analogy* to help me understand. So this week, let’s try out a garden analogy for the Mass. The topic? The Homily. Specifically, how can we get the most out of it?

† † †

Okay, just in case, for those who don’t know – the Homily is the preaching the priest does immediately after the readings. ‘Homily’ means ‘explanation’ in Greek. The way I see it – the Homily has three elements: seed, sunshine and water.

Seed – The seed is the Word of God. It’s the Scripture Readings we hear at Mass. The priest uses the Readings as the foundation of his homily. And just as a seed has life, so too the readings bring us life – eternal life in Heaven.[1]

Sunshine – Secondly, the sunshine is the priest’s explanation. That’s why he sheds *light* on Scripture. By teaching and explaining the Word, the Homily draws out even deeper meaning for us Christians to apply to our lives, just as sunshine stimulates growth in the seed.

Water – Lastly, the water is the Holy Spirit. If you’ve been baptised, then the Holy Spirit dwells *in* you. This means you have the gift of *understanding* the Word so that it can powerfully change your life, just as water helps a seed to change and grow into life. So that’s it.

...And yet, something critical is missing...

† † †

Soil – The soil. Ah, dear friends, we must not forget – the soil. The soil is you. You are the soil! But just like you, soil was never made to just sit in the garden; lifeless, unanimated. No, it was made to be transformed into *life*. And so the seed of life (the Word of God) *must* enter us, enter the soil, and draw us from being lifeless soil to an active growing plant.

But you might ask, well, what can I *do* to receive the seed?

Well dear friends... *till the soil*. To receive the seed, let us till the soil today, dig it up and toss it about, so a space is prepared for the seed to enter. To *till the soil* is to prepare ourselves for the Word; to bring some question to God for which we seek answers.

What question do you want to ask God today?

What’s the big question in your life right *now*? Take a moment. What is *that* question? About family? Or job? Health? Vocation? Relationship?

Take a moment, and then bring *that* question today to the Homily. Then, truly *listen* to the Homily. God gives answers, if but only we listen.

Till the soil, so the seed can enter.

God bless you. Seminarian Matthew



PLANNED GIVING ENVELOPES for the new financial year

are available for collection at both Churches. Please consider creating a monthly automatic debit by contacting the Parish Office on 9977 5822.

TAX RECEIPTS 2023/2024

If you require a Tax Receipt for your donation to Pastoral Works Broken Bay or Project Compassion, please contact the parish office.



Thank you for your generous support. We encourage you to use the tap machines at the Church entrances. If you prefer to use cash there will be **ONE** collection during Mass at the offertory at Manly and **TWO** at Freshwater.

PILOT PROGRAM –The Diocese has agreed for Manly to pilot a **ONE COLLECTION** at the weekend Masses. The Diocese will continue to monitor this.

The collection is for the First and Second Plates and will be allocated as follows:

- 25% to Supporting our Priests including the sick & retired in our Diocese.
- 75% to Parish operations and maintenance of building.

SUPPORT OUR PARISH & PRIESTS

FINANCIALLY by using one of the following...

1. **Planned Giving:** through a monthly **direct debit** or **credit card**. Please contact the parish office for more information 9977 5822.
2. **Collection plates during Mass**
3. **Tap and Go machines** using your credit/debit card or **EFTPOS Terminals**.
4. **Scan to Donate** using the QR code to access our BPoint Donation page.
5. **Direct into Parish Bank Accounts**
 - **2nd collection Parish Bank Account** Funds the running of the Parish
Account Name: Manly Freshwater Parish
Bank Name: Commonwealth Bank
Account # 100002025 BSB: 062 784
 - **1st collection** Supports our Priests
Account: Manly Freshwater Parish Pastoral
Bank Name: Commonwealth Bank
Account# 13958002 BSB: 062 784



HAS YOUR CREDIT CARD EXPIRED?

If you donate to the Parish using your credit card please let us know if you have a new card or the card has expired by contacting the Parish Office 9977 5822 or email

manlyfreshwaterparish@bbcatholic.org.au

DIRECT DEBIT FROM BANK ACCOUNT

Please consider changing your giving from a credit card deduction to a direct debit from your bank account. Please contact the parish office to have this set up automatically for you.

We all like to be

WELCOMED

Why not become the one who welcomes others?

Join our Welcomers Team



Or contact our office



SIGN IN

PIETY STORE

Movie of the month - Mother Teresa An uplifting movie which illuminates the life of Mother Teresa. The selfless, missionary who brought hope, love and salvation to the poorest of the poor. Only \$10 @ the piety store.

CD of the month - The Soul of the Apostolate – Matthew Arnold. Excerpts from the profound book "The Soul of the Apostolate", written by Abbot Chautard. The profound teaching of this classic work is essential in our technological age. Only \$5 at the piety store.

PARISH WEEKLY EVENTS

- Cenacle of Our Lady: Tues 9:45am Manly Church
- Craft Group: Tues 10:00am Parish Centre
- Eucharistic Adoration: Weds 6:00pm Manly
- Lectio Divina: Tues 7.30pm & Weds 10am Parish Centre
- Piety Store: open on weekends or call the Parish Office
- Prayer Group in Spanish – 2nd & 4th Friday 6pm Parish meeting room
- Reconciliation: Manly: Sat 10am – 11am
- RCIA: Contact the Parish Office 9977 5822
- Rosary: Freshwater Tues – Fri 8.45am in Church
- Youth Group (Yrs 7 – Yr 12): 1st & 3rd Sunday 7pm – 9pm

PARISH MONTHLY EVENTS

- Anointing Mass: Manly & Freshwater 1st Friday 9:15am
- Parish Pastoral Council: contact Parish Office
- St Joseph Men's Group: 1st Thurs of the month 7pm
- St Vincent de Paul Conferences:
Manly 1st Mon each month 5:30pm
Freshwater 2nd Mon each month 5:30pm

JOIN OUR NORTHERN BEACHES

YOUNG ADULTS

COMMUNITY

Every 2nd Saturday at pub/restaurant
Every 4th Saturday at Manly Parish
message: (6 Raglan St)
Fr Marek at 0422532173
or Cam at 0432895304

Year of Prayer

Our Vicar General, Very Rev Dr David Ranson, has prepared a Meditation Series of Christian Prayer. This is in preparation for the 2025 Jubilee.

The Introduction to the series and the first three videos in the series can be found at <https://www.bbcatholic.org.au/mission/year-of-prayer> or on the [Diocese YouTube channel](#)

An excellent series!

The Year of Prayer is meant to help Catholics individually and as a community to prepare to receive God's grace.

May prayer be the compass that guides, the light that illuminates the path and the strength that sustains us on the pilgrimage that will lead to entering the Holy Door in 2025, the traditional sign of having made a jubilee pilgrimage. Through prayer, may we arrive at the Holy Door with our hearts ready to welcome the gifts of grace and forgiveness that the Jubilee offers as a vivid expression of our relationship with God.

Prayer Using Images and Symbols

For centuries Christians have used the senses to remind themselves of the God who created them. Nature and art can speak to our senses of God's presence. Candles, crosses and holy images can help us to see God in a new way and to experience what they remind us of; they can also be used as a focus for our meditation or contemplation.

SYDNEY

26 - 29 September 2024

at Cathedral Precinct Waitara
Hosted in and supported by the
Diocese of Broken Bay

Registration: igniteconference.com.au/



IGNITE CONFERENCE 24

RISE UP!

A NATIONAL
CATHOLIC CONFERENCE
WITH SOMETHING
EVERYONE

IN THE NAME OF
JESUS CHRIST
OF NAZARETH,
RISE UP AND WALK.
ACTS 3:6-7

Ignite 2024 | Thu 26 September – Sat 28 September

Broken Bay is again delighted to host the Ignite Sydney Conference, a gathering of Catholics for four days of formation, renewal of faith, and powerful worship. It is a conference for all children, high school students, and young adults, and deeper sessions for adults, specifically parishioners, priests, religious, ministry leaders, parents, and grandparents. There is something for everyone at the Ignite Conference.

Mission Broken Bay is pleased to offer a 50% subsidy for parishioners to attend. Please contact Mission@bbcatholic.org.au to access the promotional code for either a "Teen" or "Adult" registration.



**CAN'T GET TO MASS ON
SUNDAY AND WANT TO
RECEIVE HOLY COMMUNION?**

Many of you have not been able to come back to Mass on Sunday for different reasons. If you would like one of the Priest to visit you at home, please ring the parish office on 9977 5822.

OUTSIDE OF PARISH

Vocations Office Events

Scan, Connect, Engage! Use our QR Code for all Vocation Office Events! It's your ticket to seamless entry and instant updates. Scan now and join us on the journey of faith. [Website](#)



Email: Vocations.ministry@bbcatholic.org.au

Ph: 02 8379 1626 | 0418 522 449

Manly to Spit Walk

Recently some of our Young Adults group decided to walk this iconic track. That was a great time filled with joy, prayer and friendship.



State of Origin at St Joseph House

Last Wednesday our Young Adults went to St Joseph house (place for young men to discern their vocation) to support Blues and this was a great night both by the deciding game and by the experience of community.



VOCATIONS! IS GOD CALLING YOU TO MAKE A DIFFERENCE IN VOCATIONS MINISTRY? SERRA VOCATIONS MASS AND DINNER MEETING

Father Robert Borg, Parish Priest of The Lakes Parish will be celebrating Mass for Serra at Sacred Heart Church 2 Richard Porter Way Pymble on **Thursday 25th July 2024.**

The evening commences with Mass at **6.00 PM** followed by a light meal and a short meeting. **Following the meeting Father Robert will be our guest speaker. His topic will be the Jubilee Year 2025. Everyone is welcome.**

Please remember to pray every day for vocations to the priesthood, diaconate, the consecrated life, ecclesial women, all seminarians, novices, and for the residence of Joseph House Discernment Centre. Please also pray for the perseverance of existing vocations.

For catering purposes kindly telephone Henry or Anna Leung on **0478 083 116** or email henrywk@yahoo.com.au or telephone Terry Scanlan on **0438 887 295** or email terry_scanlan@bigpond.com if you are planning to attend.

Jesus taught the sheep of his flock



16th Sunday in Ordinary Time, Year B



Jesus was a shepherd, a leader, a teacher and a helper to his followers. In the footprints, write the names of people you know who care about others the way Jesus did.



Jesus taught them many things

What did Jesus teach people?
Answer True or False to the following

“Love your neighbour” _____

“Punish those who dislike you” _____

“I am the wine of life” _____

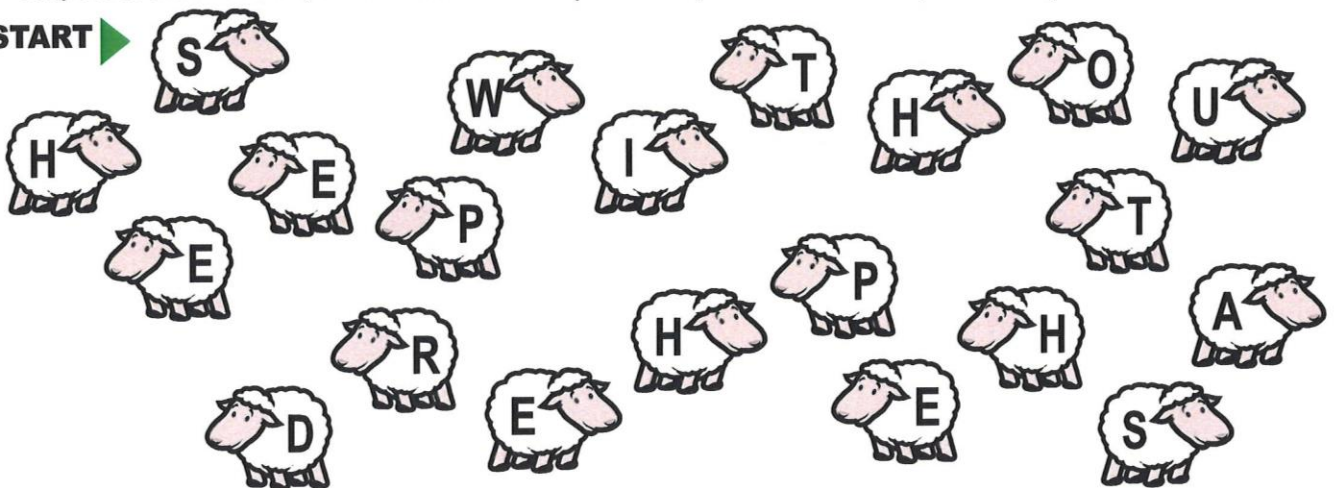
“Blessed are the meek, they shall inherit the earth” _____

“I am the light of the world” _____

“A rolling stone gathers no moss” _____

Why did Jesus feel sorry for the crowd? Join up the sheep in the correct sequence to spell out the answer

START →



They were like _____

Sixteenth Sunday in Ordinary Time– Year B

First Reading *Jeremiah 23:1-6 (JB)*

A reading from the prophet Jeremiah

The remnant of the flock I will gather to me, and bring them back to their pastures.

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered - it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds - it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost - it is the Lord who speaks!

'See the days are coming - it is the Lord who speaks - when I will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. and this is the name he will be called: The Lord-our-integrity.'

The word of the Lord. **All: Thanks be to God.**

Responsorial Psalm *Ps 22 (JB)*

**R. The Lord is my shepherd;
there is nothing I shall want.**

The Lord is my shepherd; there is nothing I shall want. Fresh and green are the pastures where he gives me repose. Near restful waters he leads me, to revive my drooping spirit. R.

He guides me along the right path; he is true to his name. If I should walk in the valley of darkness no evil would I fear. You are there with your crook and your staff; with these you give me comfort. R.

You have prepared a banquet for me in the sight of my foes. My head you have anointed with oil; my cup is overflowing. R.

Surely goodness and kindness shall follow me all the days of my life. In the Lord's own house shall I dwell for ever and ever. R.

Second Reading *Ephesians 2:13-18 (JB)*

A reading from the letter of St Paul to the Ephesians

Christ, our peace, has made us one.

In Christ Jesus, you that used to be so far from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

The word of the Lord. **All: Thanks be to God.**

Gospel Acclamation *John 10:27 (JB)*

Alleluia, alleluia!

My sheep listen to my voice, says the Lord;
I know them, and they follow me.

Alleluia!

Gospel *Mark 6:30-34 (JB)*


A reading from the holy Gospel according to Mark

They were as sheep without a shepherd.

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.


The Gospel of the Lord

All: Praise to you, Lord Jesus Christ.



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St John the Baptist Primary Catholic School K – 6
 7 Johnson St, Freshwater
 9939 6699



St Mary's Primary Catholic School K – 6
 Denison Street, Manly
 7256 2135




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St Paul's is a Catholic high school in Years 7 to 12, introducing co-educational in Year 7 & Year 11 in 2025 and then onwards.

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124 Darley Road, Manly
Ph: 7256 2112
www.stpaulsdbb.catholic.edu.au
E: stpauls@dbb.catholic.edu.au

Parish Priest: Fr Chima Ofor
 manlyfreshwaterparish@bbcatholic.org.au

Assistant Priest: Fr Marek Woldan
 marek.woldan@bbcatholic.org.au

Seminarian: Matthew French

Parish Secretary: Jenny Beninati
 manlyfreshwaterparish@bbcatholic.org.au

Mary Immaculate Church (Parish Office)
 6 Raglan St, Manly 2095

Phone: 9977 5822

After Hours Sick Calls: 0499 910 010

Parish Office: Mon to Thurs 8:30am – 4:30pm
 manlyfreshwaterparish@bbcatholic.org.au

www.bbcatholic.org.au/manlyfreshwater

St John the Baptist Church
 cnr Johnson & Oliver St, Freshwater 2096

Parish Pastoral Council:
 Michael McGrath (Chair); Ivica Covic (Deputy Chair); John Zemek (Deputy Chair); Val Buono; Patricia Carroll; Margaret Dent;

Robert Marshall; Peter Nacard, Ian Press,

Weekend Masses:

Manly: Saturday Vigil 6:00pm
 Sunday 8:30am, 10:30am, 6:00pm
Freshwater: Saturday Vigil 5:00pm
 Sunday 9am

Weekday Masses: Manly & Freshwater
 Tuesday – Friday 9:15am

Baptisms: please contact the parish office

Reconciliation: Manly Sat 10am – 11am

St Mary's Primary School 7256 2135
 Principal: Paul McGuire

St John the Baptist Primary School 9939 6699
 Principal: Alicia van der Merwe

St Paul's Catholic College 7256 2112
 Head of College: Mark Robinson

Stella Maris College 9977 5144
 Principal: Elizabeth Carnegie




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